

GDCS Recreation Steering Committee Meeting
Minutes

Date: October 6 2015

Time: 6pm

Attendance: Allyson Richards, Karla Hardcastle, Julie Baschuk, Natalie Thompson, Kristy McDougall, Harmony Johnson-Harder, Scott Hepworth, Christina Hawkins

Regrets: Laura Park, Wendy Ahenakew, Shelly Petryga, Kevin Banach, Janna Varga, Tonia Logan

Guests: Adam & Aiden from Living Sky Media

Meeting called to order: The meeting was started at 6:10pm and everyone introduced themselves. Supper was provided and it was acknowledged that Living Sky Media would be recording the meeting for use in the NSCRD Training Video.

Old Business: Allyson updated everyone on some of the previous meeting's discussions. All of the documents (2014-2015 final report, 2015-2016 program plan and 2015-2016 budget) have been submitted. Allyson is currently working on the Aboriginal Community Sport Grant for lacrosse and Harmony offered to assist with some information for it. RAM Safety had been contacted re. first aid & cpr courses. The cost is \$150 per person (does not include the kit). The individual is not available until after November but course can be done anytime (weekends or week days). There must be a minimum of 6 to maximum of 12, possibly 24. If a fee of \$30 is charged at the maximum of 12 people, the MCRHR Wellness Grant and fees can cover this. Scott indicated that the "rental fee" issue has now gone to the senior administration of NLS#113 and he would keep us posted on any feedback he receives. Karla and Allyson spoke about the positive feedback from the Northlands Student Services presentation on September 25th. Allyson has also been in touch with an individual re. Hippy Hula Hooping. They are based out of Regina/Moose Jaw areas. They offer a level 1 training and can come up to La Ronge for \$1,500 plus \$50 per person. They also have a teacher training event in Regina for \$400 per person where they receive lesson plans, and 15 hula hoops. Allyson also indicated that the SaskFit Conference in Regina is also offering the same training (November 6-8th), among other trainings. The steering committee felt that it would be most effective if the instructors came to La Ronge to teach, so that more individuals can be trained. It was also suggested to have a "hula hoop class" so that individuals can try it out as well. It was also suggested to look into some SPRA Grants and Karla suggested looking into another hippie hula hooping (Sask. Hula Hooper) for costs from them. No new updates on the car seat clinic. **Action Items:** Allyson will complete and submit the Aboriginal Community Sport Grant by the deadline of October 15th. Allyson will continue looking into the expenses for hula hooping and seeking grants to support them. Allyson will also continue to pursue first aid classes and car seat clinic information.

2014/2015 Follow Up: Allyson reported there has been no updated change in the previous overage from 2014-2015 budget. She has been in contact with Tom Harrington with this at NLS#113. It was also noted that an expense from Eagle Point which was supposed to be covered for 2014-2015 (in the Canada Post Grant), was not actually processed until late September, and would therefore fall the under 2015-2016 budget. **Action Items:** Allyson will communicate with Tom to figure out the difference in budget and rework the 2015-2016 budget to accommodate the golf expense (\$320).

2015-2016 Program Plan & Fall Schedule: Copies of the program plan, fall schedule and the budget were distributed. Allyson noted that karate decided to move to Bell's Point Elementary School because they wanted more practice time during the week and we were unable to accommodate them. A suggestion was made to expand more kid's programming on Thursday evenings. The exercise balls have been purchased for pilates. The cost was \$269. Allyson commented on the feedback from the dance registration night on October 5th. There weren't many that attended but she has received feedback from some individuals that they simply forgot and were coming in throughout the week to sign up. The dance classes were postponed a week and will start October 26th as the instructor was having minor surgery on the 19th. The dance instructor has also asked if there would be interest for adult hip hop or jazz classes as she has had some interest. Some steering committee members wondered if more classes could be offered, or perhaps classes for figure skaters could be offered. Allyson will contact the instructor. New coffee has been purchased for coffee hour (\$55.78). Remaining coffee for the year will be based on donations received. All materials have been purchased for the mitt and moccasin making course. The class is full with registration fees

collected, totaling \$300. There is currently a waiting list, with enough individuals to hold another class. Kristy noted that the Teen Girls Running Group will be pushed back a week, due to the break. The program will end December 9th. Materials for quilting classes will be purchased over October Break. Allyson also spoke about feedback from the Movie Night (Inside Out) on October 2nd with over 200 in attendance. The next movie night is projected to have more people with Minions being shown. It was noted that the Self-Defense classes have been cancelled as the instructor has had a change in work schedule and unable to commit. Kristy and Christina both said RCMP officers are unable to lead the program. **Action Items:** Allyson will find a program to add to Thursday evening in the gymnasium, as well as finalize dance schedule and contact families. Allyson will contact dance instructor with regards to lessons for adults. Allyson will purchase material for quilting and order and promote the next movie night.

Youth Input: Allyson indicated that she had started the Rec. Club. She shoulder-tapped a few students who are regulars in some of the lunch, after-school and evening programs. They met on Oct. 1st at lunch and Allyson asked the kids about some of their likes, and dislikes about some of the programs. They were also asked what programs they would like to see. The results are as follows:

Likes: Kids Night, Cross-Country Running, Fear Factor, Ball Tag, Girls/Boys Nights, Quilting

Dislikes: “anything that isn’t a sport”

Wants:

- Dodgeball
- Lil chefs
- Dice of Doom – Fear Factor Game?
- Teachers playing games at recess with kids
- Lacrosse
- Teacher Dance Off
- School Wide Hide and Seek
- School Wide Water Balloon or Snowball Fight

Steering Committee members also suggested sumo soccer activities, and wheelchair basketball to be brought to the community. Scott mentioned that the school is trying to make the nutrition room more of a commercial kitchen and they are in the process of purchasing a commercial oven and mixer. It was suggested that the hide and seek activity is done where the teachers are hiding and students must find them, for safety purposes. Kristy also mentioned “Mud Olympics” activities. **Action Items:** Allyson will continue to collect youth input for meetings and try to include some of the suggestions into programming.

New Business & Important Dates: Some upcoming programs and events were discussed, including: Random Acts of Kindness Week (October 5-9), NSCRD Fall Orientation in La Ronge (October 7-8), October Break (October 13-16), GDCS Volleyball Tournament (October 24), Halloween Dance (October 30th at 7pm), Movie Night – Minions (November 13), and NSCRD Area Meeting in Stanley Mission (November 26). Julie suggested an idea of having a showcase to display local talents, which could include dance routines, gymnastics performances, airbands, etc. Scott also mentioned about 2 activities including the Air Ronge Fishing Derby, which is no longer happening, and the grade 6 fishing trip to Hunter Bay. GDCS and the CCHS Wildlife Management class are looking at taking it over. This program is usually held on a Saturday in March with lots of donations and prizes for all. The Grade 6 trip has the students flying to Hunter Bay in a plane on January 15th. There will be elders attending and 4-6 ice huts for students. There will be a partnership with SaskFishing as well. **Action Items:** Allyson and Scott will look into the Air Ronge Fishing Derby.

Meeting adjourned: Meeting was adjourned at 7:10pm. Our next meeting will be held late November/early December. Meeting Wizard reminders will be sent out to determine date and time that works best for majority.